

Dr Nazia Ali

Dr. Nazia Ali, MOT (Paediatrics) is a Faculty member Assistant Professor at the Department of Occupational Therapy, Jamia Hamdard, New Delhi, India. She is an Innovative Occupational Therapist, with over 11 years' clinical experience with adults, adolescents, and children within the inpatient, outpatient units, school, and community-based settings. She values continuing education and evidence-based practice and enjoys teaching students in their fieldwork placements and inspiring them to become excellent therapists.

She has published 5 book chapters and a number of research papers in peer reviewed journals of high repute and also writes articles for International websites on Occupational Therapy and well-being, coping, mindfulness for children and adults. She was awarded as “Young Occupational Therapist” in 2018 and “Best Young Occupational Therapist & Educator” in 2019.

Nazia Ali started her OT career working as Senior Occupational Therapist and Programmes Co-ordinator at an Inclusive School in New Delhi. She was working on a multidisciplinary team helping Children with Disabilities overcome physical and psychosocial barriers to return to work. Her professional interest includes the overall well-being of children with special needs.

Being a Gold Medalist in NGO Management, Nazia has taken on leadership roles and program development in several settings including inpatient psychiatry, home and community care. She values client centered care and loves engaging clients by hearing their story, empowering and enabling them to set and achieve goals and overcome obstacles. She keeps active in her spare time by Volunteering as an Occupational Therapist. She is a Team Member (Joint Secretary) of Saksham EK ABHIYAAN- Charity for Spinal Injury since 30 July, 2014