# Soft-skill trainer / Counselling Psychologist / Educationist /Financial Life planner



# Dr A. Lakshmi Nippani

Founder & COO: alntrainings Tel: 91- 9440684805 (m) Email: lakshminippani25@gmail.com ananthal@hotmail.com Skype id: lakshmi.nippani

https://in.linkedin.com/in/lakshmi-nippani-009391125 webpage: www.alntrainings.com (in progress)

Do it with passion or don't do it at all Its' my passion for training-to deliver more than what is expected that made me take this path

My past thirty (30) in the field of training as a soft-skill trainer/educator /Content Writer and an active counselling psychologist striving to empower society with good mental health has shown me how beautiful this metamorphosis can be.

As a soft-skill trainer:

- \* Students, adults empowered with soft-skills are now handling many a difficult phase/position with ease.
- \* Created content for the modules, fine-tuned them according to client needs
- \* Mentored trainers [TTT] to arouse the passion of imparting learning to others.
- \* Empowered women to lead better lives with their knowledge of softskills and spoken English

As a Verbal trainer:

\* Aroused the passion to fly to greener pastures through IELTS, TOEFL, GRE, GMAT, SAT, PSAT and PTE.

As a counselling psychologist [Telangana Psychologist's Association]

- \* Actively involved in counselling and psychometric analysis.
- \* Handling stress with ease
- \* Extensive counselling in inclusive education and career counselling (Resource person for CBSE)

- \* Conduct training sessions in psychology related aspects, creating content and fine-tuning others content.
- \* A mentor and coach for TPA psychologists preparing for the Guinness book of world records.
- \* Balance the parent-child- school triangle
- \* The tree of life counselling
- Their awareness that 'the strength of your mind determines the quality of life'
- \* Transactional analysis of one's own self
- \* Parent/child/student/teacher/marital counselling

As an educator:

- \* Extensive work in inclusive education and career counselling (Resource person for CBSE)
- \* Empowering children and teachers with creative technology in the use of learning/teaching methodologies
- \* Empowering students and teachers subject specific- English, Social Sciences, Science
- \* Training teachers on subject specific activities.
- \* The transition from butler English to professional English with which they fly abroad is captivating. (IELTS/TOEFL/GRE)
- \* Student connect with IMUN (simulation Model United Nations)

# Signature Initiative in the field of counselling REACH – I PEER

Initiated self-help groups in schools and colleges to reduce the stress factor in students thereby making an effort to reduce the suicidal tendencies in students

#### PEER stands for

PositiveEscalation (with)Empathy (to)Revamp / Reface.The forethought into this initiative is that the peer group is the first to noticeany signs of depression and thus send signals to help their friend.Conducted many campaigns in schools and colleges with good response.

## Member:

- @ Telangana Psychologists Association- Telangana State Secretary
- @ British Council; Joint Secretary: Association of British Scholars
- @ WICCI National forum / President Telangana
- @ Academic Advisor: On board Schools in Hyderabad
- @ IRA Life Skills
- @ Lions club President [Secunderabad Samaritans]

- @ Lions Club: District cabinet for counselling
- @ Ex-President: JCI India, Hyderabad Starz

### Core Competencies: Training and Education

- \* A-Z soft skills training
- \* IELTS / PTE / TOEFEL coaching/training
- \* Business communication spoken English
- \* Cognitive Behaviour therapy counselling
- \* TTT: Inclusive Education
- \* Sales training Insurance advisors
- \* Faculty Development programs: Soft skills/English language
- \* Content/Curriculum analysis
- \* Content/Curriculum writing and scheduling
- \* Coach/prepare students for MUN (Model United Nations) programmes

#### <u>Additional</u>

- Academic advisor: Working with many start-up schools: curriculum planning, teacher training and implementation
- Evaluation / assessment worksheets for pre-school and middleschool -Blooms taxonomy
- \* Content writing- Training topics/ English/Social sciences / Science

## Other Signature Initiatives

#### @ Katha – Hyderabad

Initiated 'spread the joy of reading' – change makers via Katha books.

#### @ Child Protection group

Initiated core group for 'child /women' protection group: training in selfhelp, prevention of abuse. In the pilot stage

## 🏆 Awards

- Corporate trainer of the year 2020- Global Business Summit
- **4** INSc award: Academic excellence and research award
- 🖊 Vidhya Nandi Award Contribution to education
- International Education Award Contribution to education
- The 'Best Verbal Trainer Award': Manya Princeton Academy
- Inspiring Psychologist of the year award Telangana Psychologist Association
- 4 Soft-skill trainer of the year ITAP National Award
- Learning Management Solutions Expert award (Individual TCS).

- British Council award ISA (School team)
- 4 Best Research proposal Mental Health
- Star Lady Award- Training and Counselling
- 🖊 Global Award Education
- Facilitator of the year -Life skills coach and counselling Cine artists association
- SIWAA: South India Women's Achiever Award- for education and counselling

### Author: Co-authoring the book to be released in May/June

Title: Sone Ki Chidiya Ko Jagao: Vision 20:20-2030: Transforming India into a self-sustainable and financially independent economy leading to Zero-unemployment

# Integrated Profile

# Soft-skill trainer/Educationist/Counselling Psychologist

Innovative pedagogy in early childhood

- \* Training teachers in the use of real-life teaching aids/methodology
- \* Training teachers in handling children with special needs- differently abled children
- \* A self-learning multi-media kit (audio-visual) in learning the fundamentals in English language (UNICEF-SRC collaboration)
- Learn by doing (pre-school labs)
- \* Herbal garden initiation in schools

## Best practices in school education

- Innovation in Special Needs Education: guiding, coaching and mentoring
- \* Content redesigning for middle school in subjects: Science, Social science and English
- \* Go green- green school initiatives
- \* Students: MUN Training: Simulation Model United Nations
- \* CBSE Master Trainer:
  - Resource Person for 'Inclusive Education'.
  - Career Guidance and Counselling
  - Life skills

\* Training for good mental health Women Empowerment and education

- \* Soft-skill training
- \* Skill-based training
- \* English Language training
- \* Financial planning training- investment, fund management
- \* Sanitary hygiene and health care training
- \* Training for good mental health

#### Connecting Classrooms: British Council

\* Connecting Classrooms- A British Council 'Enriching Education' certification – Coimbatore, India

- > Learning through Story-English and Beyond.
- > Enriching Education through School Enterprise
- > Cross-Cultural Communication for Global Citizens
- > FUN-damental Research: Science experiments to get you thinking

## Education

- \* Doctorate in Psychology
- \* MBA International Business:
- \* MSc Developmental Psychology: SPMVV, Tirupati

gy: SPMVV, Tirupati University of Luton, London

Honorary

\* IT-Business Administration:\* B.Ed.: Sciences

Annamalai University

University of Birmingham, UK

# Certifications (TTT/Soft skills/IELTS/Counselling)

- \* Cognitive Behaviour Therapy: NIMHANS
- \* Certified Psychometric Test Professional: Middle Earth, CAMI
- \* Business Soft Skills- ICBI -accredited by NABET and SQA
- \* ELP Certification: Cambridge University
- \* IELTS Trainer: British Council
- \* Train the Trainer: ICBI-accredited by NABET and SQA
- \* Train the Trainers: IMPACT-Centre for Organisational Development.
- Connecting Classrooms- A British Council certification on 'Enriching Education' – Coimbatore, India
- \* E.C.E (Early Childhood Education); Train the Trainer: NCERT, New Delhi