

RESUME

Name: - MR. ALKSHENDRA KUNAL ASHOK

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At present: Working as an Assistant Professor in Department of Education (M.Ed.), Kolhan University, Chaibasa since 03.09.2019, Academic Counselor & Resource person in IGNOU for various courses such as BED, MAEDU, PGDHE, PGDEMA etc.

Qualifications: -

<i>Examination</i>	<i>Board/ University</i>	<i>Year Passed</i>	<i>Percentage</i>	<i>Division</i>
10 th	B.S.E.B.	2005	63.14	I st
10 + 2 (Arts)	C.B.S.E. CHS, Varanasi, BHU	2007	76.40	I st
B.A. (Hons. Psycho.)	B.H.U.	2010	62.33	I st
Diploma in Yoga (Part time)	B.H.U.	2010	66.66	I st
M.A.(Psychology)	B.H.U.	2012	74.60	Ist
B.Ed.	M.G.K.V.P.	2014	65.50	I st
M.Ed.	B.H.U.	2018	77.50	Ist
Certificate in Guidance	IGNOU	2022	78.13	I st

Other Qualifications:-

1. Certificate course in Yogic practices from Banaras Hindu University.
2. Bihar Elementary Teacher Eligibility Test (VI - VIII) – 2011 Qualified.
3. Central Teacher Eligibility Test (CTET) – Paper I & II Qualified.
4. Bihar Elementary Teacher Eligibility Test (VI - VIII) – 2017 Qualified.
5. **UGC-NET: Nov. 2017- (Education) Qualified.**
6. **UGC-NET: Dec. 2021 & Jun. 2022 merge cycle - (Psychology) Qualified.**
7. Computer awareness course from CMC - Tata enterprise.

Experience: -

1. One year experience in Amaltas College of Education, Dehri-on-sone, Indrapuri, Rohtas, Bihar as an Assistant Professor.

2. Worked as a Counsellor in Kendriya Vidyalaya, Danapur cantt., Patna
3. Worked as an Organizing Secretary in one day National webinar, Department of Education, Kolhan University, Chaibasa on dated 27th – 28th May 2020.

Research Experience:-

1. More than 10 dissertation supervision in Department of Education (M.Ed.), Kolhan University , Chaibasa.
2. Worked as a Research Assistant in the major project sponsored by ICSSR in Department of Psychology, Banaras Hindu University.

Publication: -

<i>SL NO.</i>	<i>TITLE OF THE PAPER</i>	<i>JOURNAL NAME (UGC- CARE LISTED)</i>	<i>ISSN NO.</i>
1.	Role of Yoga inMental Health	Studies in IndianPlace Names	2394-3114
2.	Role of Spirituality in Mental Health and Well-Being	Studies in IndianPlace Names	2394-3114
3.	Classroom Environment andAcademic Achievement: AnExploration	Studies in IndianPlace Names	2394-3114
4.	A Study of Relationship Between Yoga and Mental Health of Undergraduate Students of Social Sciences Faculty Banaras Hindu University	Purakala	0971-2143
5.	A Study of the Relationship Between MentalHealth and Academic Achievement of Pursuing Post graduation students	Journal of the Gujarat Research Society	0374-8588

Conference, Workshop & Seminar -

1. Paper presentation in 1st International Conference of Indian Academy of Health Psychology in Jammu university on ‘*Role of spirituality in mental health and well-being*’. On dated 6th – 8th December 2015.
2. Paper presentation in National seminar in Faculty of Education, Banaras Hindu University on ‘*Role of yoga in mental health.*’ On dated 27th – 28th October 2017.
3. Paper presentation in National seminar in Madhusudan Mahto Teacher’s Training College as a keynote speaker on ‘*Adult education and lifelong learning.*’ On dated 26th – 27th March 2022.

4. Plenary lecture in two days international seminar in Swami Vivekananda College of Education as a resource person on 'Issues and challenges in higher education in post covid situations.' On dated 30th April to 1st May 2022
5. Paper presentation in National seminar in Rambha College of Education on 'Optimal learning environment and support for students on dated 20th – 21st May 2022.
6. Paper presentation in two-day National seminar in Jamini Kant B.Ed. College as a resource person on 'Utility of the curriculum diversity of national education policy in the current scenario.' On dated 15th – 16th July 2022
7. Participation in first National workshop on *Neurocognitive assessment* in Department of Psychology, Banaras Hindu University on dated 28th – 29th March 2012.
8. Attended webinar on "NEP Implementation with reference to multiple entry and exit" Organized by UGC- HRDC, Devi Ahilya Vishwavidyalaya , Indore on dated 24th June 2022.

Refresher course, Orientation programme/FIP, FDP: -

1. UGC sponsored Refresher course in teacher educators: *Learning outcomes and educational reform – Pedagogy, Assessment, and quality assurance (Online mode)* from HRDC Devi Ahilya Vishwavidyalaya, Indore on dated 14th – 27th August 2020.
2. 4-week Orientation program from Teaching learning Centre, Ramanujan College, University of Delhi under Ministry of human resource development, PMMMNMTT on dated 01st – 30th September 2020.
3. FDP on '*Quantitative methods for data analysis*' from Teaching learning Centre, Ramanujan College, University of Delhi under Ministry of human resource development , PMMMNMTT on dated 12th – 25th August 2020.
4. FDP on '*Advanced Concepts for developing MOOCS*' from Teaching learning Centre, Ramanujan College, University of Delhi under Ministry of human resource development, PMMMNMTT on dated 02nd – 17th July 2020.
5. Seven-days online FDP on '*Research methodology and ICT tools*' sponsored by Dr. Janak Singh Socio cultural educational society, Bareilly, U.P. on dated 14th – 20th June 2020
6. Five-days online FDP on '*Yoga for well-being and life skills development*' organized by School of Education, Mahatma Gandhi Central University, East Champaran, Motihari, Bihar on dated 21st – 25th June 2020.
7. Five-days online series of National public policy discourses on organized by School of Education, Mahatma Gandhi Central University, East Champaran, Motihari, Bihar on dated 26th – 30th June 2020.

Membership: -

1. Life membership in Indian Academy of Health Psychology.
2. Professional membership in institute of Scholar (inSC).

3. Editorial membership in Edwin group of journals.

Declaration:

I hereby declare that above information are true to the best of my personal knowledge.

Place:

Date:

Signature

