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### **Micronutrients in Oral Health**





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#### **Imprint IIP**

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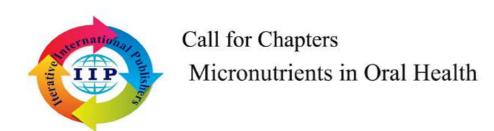
#### Important dates:

Chapter/paper submission starts on: 27.05.2025 Last date for chapter/paper submission: 15.07.2025

Acceptance notification: 25.07.2025 Last date for registration: 30.07.2025

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#### Aims and Scope:

A variety of issues, including deficiencies in certain micronutrients, have been linked to oral health. Vitamins A, D, K, E, C, B12, folate, thiamine, pyridoxine, flavin, niacin, as well as minerals such as calcium, zinc, copper, iron, iodine, magnesium, salt, potassium, and phosphorus are among the common deficiencies. Complications such as anemia, neurologic disorders, and metabolic bone disease can develop from severe and persistent micronutrient deficiencies, in addition to the symptoms that affect the quality of life of patients. The etiology of micronutrient deficiencies may stem from a persistently imbalanced dietary intake, further aggravated by increased micronutrient demands associated with a larger body size.

Globally, oral illnesses are a prevalent public health concern. The development of oral illnesses may be avoided by addressing vitamin deficits.Inflammation of the oral mucosa, pulpal and periapical lesions, and the periodontal diseases gingivitis and periodontitis are examples of oral disorders with an inflammatory origin. More recently, there has been interest in the function of micronutrient imbalances in oral and other inflammatory illnesses, which are observed in a variety of systemic inflammatory diseases. Minerals and vitamins, many of which are antioxidants, micronutrients that have been shown to regulate inflammatory responses. Additionally, the composition of the oral microbiome has been discovered to be influenced by diet, and this has been indirectly connected to an increased risk of dental illnesses

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