

**Urmimala Baruah**

**Email:urmibaruah17@gmail.com**

**Mobile no. - +91- 9864814653**

## Career Objectives

To work in an environment where my overall abilities and knowledge will be utilized for the betterment and all round development and growth of the organization , and thereby, increase my skills, confidence and ensure a promising future.

## Academic Qualifications

* Persuing **Doctor of Philosophy (Community Science) in Food Science and Nutrition** from Assam Agricultural University, Jorhat, Assam, India.
* **Master of Science (Home Science) (1st class 78.9%) in Food Science and Nutrition** from Assam Agricultural University, Jorhat, Assam, India in the year **2015.**
* **Bachelor of Science (Home Science)** **(1st class 85.48%)** from Assam Agricultural University, Jorhat, Assam, India in the year **2011**.
* **HS** (**2nd div. 52%**) from North Lakhimpur College, Assam, India in the year **2006.**
* **HSLC** (**1st div. 65%**) from Saint Mary’s High School, North Lakhimpur, Assam, India in the year **2004**.

## Other Qualifications

* Completed 2 months course in Computer education in the year 2018.
* Completed 6 months certificate course in Basic Computer Applications in the year 2017.
* Passed “ Rashtrabhasa Ratna” in Hindi under Rashtrabhasa Prachar Samiti, Wardha in the year 2001.

#### Achievements-

* **Young Researcher Award 2021** by Institute of Scholars (InSc), Bengaluru-560091, Karnataka, India.
* Awarded with Best Article Award for the article entitled “ **Post Harvest Processing of Foods on Food and Nutrition Security**” which got published in Volume 02-Issue 10 in agriculture and Food e-newsletter(2020).
* Qualified **UGC- NET (Home Science)** in the year 2018.
* **Merit Scholarship during Ph.D. Programme** (for two years) awarded from **Indian Council of Agricultural Research (ICAR), Ministry of Agriculture, Government of India**
* **Merit Scholarship during PG Programme** (for two years) awarded from **Indian Council of Agricultural Research (ICAR), Ministry of Agriculture, Government of India**.
* **Merit Scholarship during UG Programme** (for four years) awarded from **Indian Council of Agricultural Research (ICAR), Ministry of Agriculture, Government of India**.
* **University Gold Medal** in the **Bachelor Degree Programme (Home Science)** from Assam Agricultural University, Jorhat, Assam, India.

#### Other Achievements

* Presented a paper on “ **Nutritional Status Of 3-5 years Children And Its Impact On Physical Development Of Selected Areas Of Lakhimpur District”** in the Annual InSPA International Conference on School Psychology held in the Department of Psychology, Gauhati University, Gauhati, Assam, India.
* Presented a poster on “ **To Impart Nutrition Education To The Care-Givers Of Children (4-6 Years) Of Jorhat, Assam**” in the 47th Annual National Conference of the Nutrition Society of India held at the National Institute of Nutrition, ICMR, Hyderabad.
* Presented a poster on “ **Assessment Of Consumption Pattern Of Basic Five Food Groups By Children (4-6 Years) Of Jorhat, Assam**” in the 47th National Conference of the Nutrition Society of India held at the National Institute of Nutrition, ICMR, Hyderabad.
* Presented a paper on “**Changes In Food Consumption Pattern In Selected Areas Of Lakhimpur District, Assam”** in the UGC sponsored National Seminar organized by Tinsukia Commerce College, Tinsukia, on 24th and 25th September, 2016 in collaboration with Gaurdian Forum of the College.
* Presented a paper on “ **Impact of Mass-Media on Children”**  in the UGC sponsored National Seminar organized by the Deaprtment of English and Publication Committee, North Lakhimpur College(Autonomous) in collaboration with North Lakhimpur Press Club.
* Presented a paper on “**Trends in child Labour in North East India**” in the UGC supported National Seminar organized by the Department of Political Science and Education, Lakhimpur Girls’ College.
* Presented a poster on “ **Diverse Ethnic Food Practices of the Galo Tribe In Arunachal Pradesh**” in the 49th Annual National Conference of the Nutrition Society of India held at Assam Agricultural University, Jorhat, Assam.
* Published a paper on “**Imapact of Nutrition Education on Nutritional Knowledge of Care: Givers of Preschool Children of Jorhat, Assam”** in the International Journal of Food, Nutrition and Dietetics. Volume4 Number 3, September- December, 2016.
* Published a review article on “**Fat Replacers in Food Production”** in the International Journal of Food, Nutrition and Dietetics. Volume5 Number 2, May-August, 2017.
* Published a paper on “**Hygienic Practices of Food Handlers in India”** in the International Journal of Food, Nutrition and Dietetics. Volume4 Number 3, September- December, 2017.
* Published a paper “ **Food and nutrient intake pattern 0f 4-6 years children of Jorhat, Assam”** in the Food Science Research Journal. Volume 10, Issue 1, April, 2019, 49-56.
* Published a paper on **“** **Physicochemical and nutritional evaluation of sweet potato based complementary mix**” in the International Journal of Chemical Studies, 2020; 8(3): 2882-2885.
* Published a paper on “**Changing Trends and Patterns of Food Consumption in Selected Areas Of Lakhimpur District, Assam**” in the Universal Review Scientific and Technological Board of Sadhana, Volume 10, Number 05, May 2019,221-226.
* Published a paper on “**Dietary Intake Pattern of Basic Five Food Groups by (4-6 Years) Children of Jorhat, Assam”** International Journal of Innovations in Agriculture, Volume 2, 2020, 71-77.
* Published a paper on “**Climate Change and Childhood Malnutrition”** in the International Journal of Food, Nutrition and Dietetics, Volume 8 Number 1, January – April 2020, 23-28.
* Published a review article on “**Quint Essential Chillies of Northeast India”** in the International Journal of Food, Nutrition and Dietetics, Volume 6 Number 3, September - December 2018, 71-75.
* Published a review article on “**Fish Oils in Health and Disease”** International Journal of Current Microbiology and Applied Sciences (2020) 9(11): 1337-1343.
* Published a paper on “**Effect of multi nutrient supplementation on health status of malnourished and anaemic school age children”** International Journal of Chemical Studies 2019; SP6: 107-109.
* Published a paper on “ **Nutritional Status: Anthropometric Prespective of Pre-School Children**” International Journal of innovations in Biological and Chemical Sciences, Volume-14,2021,17-33.
* Published a book chapter on “**Recent Innovations in the Food Packaging: Smart Packaging Systems**” Emerging Tools for Sustainable Agriculture and Food Security. Deepika Book Agency.
* Published a book chapter on “ **Recent Trends in Hurdle Technology**” Emerging Tools for Sustainable Agriculture and Food Security. Deepika Book Agency.
* Published an article on “**Food and Nutrition Security in the Context of COVID-19”** AgriCos e-Newsletter Open Access MultidisciplinaryMonthly Online Magazine.Volume:3.Issue:01. January 2022.
* Sucessfully completed training in **Manufacturing(Level 1) & COVID-Food Safety Supervisor** held at Global FoodTech Consultants C-11,Ansal Town, Talawali Chanda, Indore, Madhya Pradesh conducted by Global FoodTech Consultants.
* Sucessfully completed training in **Manufacturing(Level 2) & COVID-Food Safety Supervisor** held at Global FoodTech Consultants C-11,Ansal Town, TalawaliChanda, Indore, Madhya Pradesh conducted by Global FoodTech Consultants.
* Successfully participated in the online training on **COVID-19 Guidelines for food handlers** conducted by Global FoodTech Consultants.
* Successfully completed the Nutrition Education Programme on”**Non Communicable Diseases**” through e-learning platform. POSHAN ABHIYAN.E-Learning ICMR-NIN Modules.
* Successfully completed the Nutrition Education Programme on”**Food Fortification**” through e-learning platform. POSHAN ABHIYAN.E-Learning ICMR-NIN Modules.
* Successfully completed the Nutrition Education Programme on”**Mother Health and Nutrition**” through e-learning platform. POSHAN ABHIYAN.E-Learning ICMR-NIN Modules.
* Successfully completed the Nutrition Education Programme on”**Anaemia**” through e-learning platform. POSHAN ABHIYAN.E-Learning ICMR-NIN Modules.
* Successfully completed the Nutrition Education Programme on”**Infant and Young Child Feeding**” through e-learning platform. POSHAN ABHIYAN.E-Learning ICMR-NIN Modules.
* Successfully completed the Nutrition Education Programme on”**Basic Nutrition**” through e-learning platform. POSHAN ABHIYAN.E-Learning ICMR-NIN Modules.
* Attended the “ **Orientation Training for Post Graduate Students of Public Health and Nutrition for Online Module on Infant and Young Child Feding**” organized by National Institute Public Cooperation and Child Development, NIPCCD, New Delhi on 05th August,2020.
* Sucessfully participated in two days International workshop on “**Women’s Health and Nutrition: Emerging Trends and Challenges**” held on 1st and 2nd August,2020 organized by Saksham Society, Jaipur, Rajasthan, India in association with Narasingh Choudhary Autonomous College (NAAC Accredited) Jajpur, Odisha, India and New World Life Organization Health Unit, Sri Lanka.
* Successfully completed the “ **Online Certificate Course on Research Methodology**” held from 11th to 20th June,2020 organized by International Benevolent Research Foundation.
* Successfully completed the “ **Certificate Programme on Advanced Research Methodology**” held from 11th to 20th May,2021 organized by International Benevolent Research Foundation.
* Successfully completed the 2 day online training workshop on “ **Nutritional Analysis of Food- Basic and Advanced Techniques”** organized in commemoration of World Food day on 22nd and 25th October 2021 by Nutrition Society of India, Mumbai Chapter in collaboration with Department of Foods, nutrition and Dietetics, College of Home Science, Nirmala Niketan.
* Passed quiz competition on “**Research Methodology**” by securing 97% marks held on 15th May,2020 organized by Mangalayatan University, Aligarh(U.P), Institute of Business Management and Department of Commerce.
* Sucessfully completed the training programme on “ **Networking Skills**” organized by Training and Education Centre, ICAR-Indian Veterinary Research Institute, Pune from 1st to 3rd December,2021.

#### Academic Project

* As a partial fulfillment of my Masters degree, I have done a dissertation project on “**Consumption Pattern of Basic Five Food Groups And Nutritional Status Of Children(4-6 Years) of Jorhat, Assa**m.”, under the guidance of **Dr. R. Bhattacharyya*,*** Professor, Department of Food Science and Nutrition, Assam Agricultural University, Jorhat, Assam, India.
* As a partial fulfillment of my Bachelor’s degree, I have submitted a report on **“Rural Agricultural Work Experience Program (RAWEP)”** to the Department of Food Science and Nutrition, Assam Agricultural University, Jorhat, Assam, India.
* As a partial fulfillment of my Bachelor’s degree, I have submitted a report on **“In-Plant Training Programme (IPTP) At Jorhat Medical College and Hospital, Jorhat”** to the Department of Food Science and Nutrition, Assam Agricultural University, Jorhat, Assam, India.

## Work Experience

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Name Of the Institute** | **Name of the Deapartment** | **Type of work** | **Designation** | **Period** |
| Lakhimpur Girls’ College | Department of Home Science | Teaching, extension, research and training  | Assistant Professor | 01/08/2015 to 31/07.2018 |

## Personal Details

Date of Birth : 1st October’1988

Sex : Female

Marital status : Single (unmarried)

Nationality : Indian

Permanent Address : **D/O P. J. Baruah**

 **BFC Colony Road**

 **P.O. Khelmati**

 **Ward No.14**

 **PIN-787001**

 **Dist. Lakhimpur**

 **Assam, India**

## DECLARATION

I hereby declare that above information furnished by me is correct to the best of my knowledge and belief, if any information found incorrect at any time, the University / Institute / Authority has the right to disqualify/ punish as per rule.

09/06/2022 

Place: JORHAT Urmimala Baruah