***DIVYA.J***

Assistant Professor & Head

Department of Social Work

Patrician College of Arts & Sciences

Adyar, Chennai

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***ACADEMIC QUALIFICATION***

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| --- | --- | --- | --- |
| ***Name of The Institution*** | ***University*** | ***Degree*** | ***Year of Passing*** |
| Madurai Institute of Social Sciences | Madurai Kamaraj University | M.A (Social Work – Med & Psy) | 2001University First Rank Holder |
| University of Madras | M.Sc (Psychology – HRD) | 2004 |
| Madurai Institute of Social Sciences | Madurai Kamaraj University | P.G.Diploma in Counselling | 2000 |
| Lady Doak College | Madurai Kamaraj University | B.A (Social Sciences) | 1999 |

 ***UGC –NET***

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| --- | --- |
| ***Subject*** | ***Month & Year of Passing*** |
| Social Work – Medical & Psychiatry  |  December 2000 |

***PROFESSIONAL MEMBERSHIP***

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| --- | --- |
| ***Subject*** | ***Nature of Membership*** |
| Professional social workers association (**PSWA)** | Life Member |
| Indian society of victimology **(ISV)** | Life Member |

***NPTEL***

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| --- | --- | --- |
| ***Subject*** | ***Duration*** | ***Nature*** |
| Health Research Fundamentals | Aug – Oct 2018 | Elite Certificate |

***WORK EXPERIENCE***

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| --- | --- | --- | --- |
| ***Name of the Institution*** | ***Position*** | ***Period of Work*** | ***No of years*** |
| Department of Social Work, Patrician College of Arts & Science, Chennai | Assistant Professor | June 2013 till date | 8 years4 months |
| Department of Psychology, Dr.MGR Janaki college of Arts & Science, Chennai | Assistant Professor | July 2012 to September 2012(Leave Post) | 2 months |
| Department of Social Sciences, Lady Doak College, Madurai | Assistant Professor | July 2011 to April 2012February 2002 to April 2005 | 9 months3 years 2 months |
| Vignan Vidyalaya School,Orissa | Teacher & Counselor | June 2009 to April 2011 | 1 year & 11 months |
| Newspaper In Education (NIE) Programme, THE HINDU, Madurai | Resource Person  | June 2008 to April 2009 | 11 months |
| Dheep clinic, TOPKIDS, Holistic Personality Development & Counselling Centre, Madurai | Medical& Psychiatric Social Worker , Trainer & Counsellor | July 2001 to April 2005 | 3 years 9 months |
| Bethshan Special School, Madurai | Social Worker cum Counsellor | October 2001 to February 2002 | 5 months |
| Department of Sociology, Fatima College, Madurai | Lecturer and Counsellor | July 2001 to October 2001 (Leave Post) | 3 months |

***ADMINISTRATIVE & OTHER EXPERIENCE***

* Secretary of Faculty Council
* Mentoring & Counselling Co-ordinator
* External Examiner – MSSW, D.G.Vaishnav, MISS, LDC, IGNOU
* Curriculum and course designing – MSW, M.A, PGDHRD, value education courses
* Extension & service-learning activities co-ordinator
* Field work coordinator
* Academic clubs and forum co- ordinator
* Research guide- UG & PG
* PGDPM&PR coordinator

***CONSULTATION***

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| --- | --- | --- | --- |
| ***Organisation*** | ***Nature***  | ***Subject*** | ***Duration*** |
| McWinson Associates | Subject Matter Expert | Sociology/Social work | 2019 |

***PUBLICATIONS***

|  |  |  |  |
| --- | --- | --- | --- |
| ***Title of Book / Journal*** | ***Name of the Paper/ Chapter*** | ***ISBN / ISSN No*** | ***Year of publications*** |
| Youth Well-Being : Challenges & Perspectives | A Study on work Values | ISBN978-93-87882-53-9 | 2019 |
| National Conference on well-being - Abstracts | Abstract -Work – Life Balance | ISBN81-86501-00-X | 2019 |
| Nurturing Environments for Children | Seeking Professional Help : A Study among Higher Secondary School Students  | ISBN978-81-89762-71-1 | 2018 |
|  Shanlax International Journals | Adolescence Habits : A Glimpse | ISSN2321-788X | 2018 |
| International conference on School Mental Health - Abstracts | Abstract -Adolescence Habits : A Glimpse | ISBN 978-93-87102-17-0 | 2017 |
| International Journal of Advanced Research | Inclusion in HEI : Need for an active approach | ISSN2320-5407 | 2016 |
| Marriage & its recent trends | Living Apart Together: Psychological Implications | ISBN978-93-81992-41-8 | 2016 |
|  TSM Business Review  | Psychological impact of human resource on productivity | ISSN2348-3784 | 2013 |
| Aspire  | Morale among QC members | ISSN2229-4953 | 2012 |
| Aspire  | Person environment fit : A comparitive study | ISSN2229-4953 | 2012 |
| Aspire  | Emotional intelligence and leadership competencies: An interventional study | ISSN2229-4953 | 2012 |
|  Social reconstruction- Indian Experience | Rural Mental health | ISBN81-8429-018-7 | 2006 |
| Love God | Love and be loved | UESI publication | 2004 |
| ***Name of the Book / Journal*** | ***Nature of Contribution*** | ***Month &Year***  |
| Journal of Indian Art History Congress | Sub-editor | November 2020 |
| Youth Well-Being : Challenges & Perspectives | Editor | February2019 |
| International Journal of Advanced Research | Editorial Commitee | December2016 |

***PAPER PRESENTATIONS***

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| --- | --- | --- | --- |
| ***Conference*** | ***Name of the Paper/ Chapter*** | ***Institution Name*** | ***Month &Year***  |
| National Conference on Nurturing Environments for Children | Seeking Professional Help (Best Paper Presenter Award) | Madras Christian College  | September 2019 |
| National Annual Conference | Work – Life Balance | NIMHANS | January 2019 |
| National Conference on Youth Well-Being | A Study on work Values | Patrician College | February2019 |
| International conference on School Mental Health | Adolescence Habits : A Glimpse | Bharathidasan University | October 2017 |
| International Conference on Inclusion Matters: Making a Difference | Inclusion in HEI : Need for an active approach | Patrician College | December2016 |
| International & Eighth biennial conference of the Indian Society of Victimology | Child health rights & Victimization :Human Security Perspective | Indian Society of Victimology & University of Madras | October2014 |
|  National Conference on Challenges of higher education and future direction of Autonomous colleges - Higher Education & competency Development | Emotional Competence among Adolescents | UGC & Lady Doak College | September 2004 |

***RESOURCE PERSON IN PROGRAMMES:***

* Session on ‘Teaching skills & strategies- FDP’ – YWCA group of schools, Madurai
* Session on ‘***Personality Disorders’*** for Social Workers - Organised by MarGregoris College
* FDP on Online teaching strategies for school teachers- Organised by YWCA group of schools
* Chaired a session in the ***‘National Annual Conference in NIMHANS’***
* Trainer in management Development Programme offered by ***MSME*** , Rayagada, Orissa
* Session on ***‘Counselling and it’s importance’*** for professionals in the area of mental retardation - organised by Bethshan, MKU, DATA
* Session on ***‘Common emotional problem of adolescents’, ‘Empathetic reflection techniques in counselling’ & ‘Helper & Helping’***  for peer counsellors, organised by counselling centre, LDC
* Session on ***‘Stress management & sibling support’*** & ***‘Family Dynamics’*** for parents of mentally handicapped children - organised by Bethshan
* Session on ***‘self’*** for XII Std. students – organised by St.Joseph School
* ***‘Short term course on personality development’*** , LDC
* Seminar on ***‘Healing and wholesomeness’***, organised by The dept. of Counselling, TNEGF.
* Session on ***‘creativity’*** for NSS volunteers - organised by SRI trust
* In service training sessions on ‘***Interpersonal and group skills’*** for Class III & IV employees of Christian Medical College & Hospital, Vellore.
* Session on***‘Overcoming personal, social and academic problems of students in their day to day life for better mental health’*** for higher secondary students, organised by C.S.I. Jeyaraj Annapackiam College of Nursing and Allied Sciences
* Session on ***‘Study Skills’*** for Chemistry & History department, LDC, organisedbythe academic club
* Session on ***‘Counselling’*** for Youth Red Cross members, LDC
* *Session on ‘****Behaviour & Disciplining’*** for counsellors of Child Development Centre
* *Guest lectures on* ***‘Emotional Intelligence at work’, ‘Psychotherapies’, ‘Pre marital and family counselling’,*** *‘****Organisational change’*** *for students*

***SEMINAR/ WORKSHOPS/ CONFERENCES ATTENDED***

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| ***Theme***  | ***Nature*** | ***Dates*** | ***Institution*** |
| Well – Being | National Conference | 3 to 5 Jan 2019 | IPSW & NIMHANS  |
| Nurturing Environments for Children | National Conference | 6 to 8 Sep 2019 | Madras Christian College |
| Youth Well-Being : Challenges & Perspectives | National Conference | 21 & 22 Feb 2019 | Patrician College |
| Health Research Fundamentals | NPTEL – FDP | Aug – Oct 2018 | ICMR |
| Human Rights Training Programme | Regional Workshop | 15 Dec 2017 | NHRC & Patrician College |
| School Mental Health | International conference | 25 & 26 Oct 2017 | Bharathidasan University |
| Advanced Research Methodology | Regional Workshop | 24 & 25 March 2017 | Madras School of Social Work |
| Reforms in Globalised Era : New Vistas | International conference | 18 Feb 2017 | ICWA & Patrician College |
| Inclusion Matters: Making a Difference | International conference | Dec 2016 | Patrician College |
| Cognitive Behavior Therapy | Regional Workshop | 12 Aug 2016 | Patrician College |
| Marriage & changing Trends  | National Seminar | 19march 2016 | Dept. of Legal Studies |
| ***Theme***  | ***Nature*** | ***Dates*** | ***Institution*** |
| Substance dependence | Regional |  24 June 2015 | NISD, Ministry of Social Justice & empowerment |
| Contemporary trends in the effective practice of Counselling- Awareness & approach of Social Work students about HIV/AIDS | International conference  | 4-6 February 2015 | Kristu Jeyanthi College |
| Fourth International & Eighth biennial conference of the Indian Society of Victimology  | International conference | 9-11 Oct 2014 | Indian Society of Victimology & University of Madras |
|  Social work & HIV/AIDS | National Conference | 28 & 29 March 2014 |  UGC |
| Sustainable practices for transformation in Social Work | National Seminar | 15March 2013 | Patrician College |
| Psychotherapy | Regional Workshop | 2 to 4 Mar 2012 | Anugraha & MISS |
| National HR meet | National | 10 Feb 2012 | Thiagaraja School of Management |
| WOW @ work | Regional Workshop | 27 Sep 2010 | Valliammal Institution  |
| Excellence thro’Art Therapy | Regional Workshop | 12 & 13 Feb 2005 | Valliammal Institution  |
| Healing the Inner Child | Regional Workshop | 4 to 6 Jan 2005 | Anugraha, Dindugul |
|  Challenges of higher education and future direction of Autonomous colleges - Higher Education & competency Development | National Conference | 23 to 25 September 2004 |  UGC & Lady Doak College  |
| Emotional Maturity | Regional Workshop | 12 to 17 Aug 2004 | Anugraha, Dindugul |
| Personality Development | Regional Workshop | 14 July 2004 | Gandhi Memorial Museum |
| Communication and media- Challenges & responses | National Seminar | 29& 30 Jan 2004 | UGC  |
| National Consultation on institutionalizing Service- Learning | National | 23 & 24 Jan 2004 | UBCHEA & Lady Doak College |
| Counselling skills & techniques  | Regional workshop | 4-6 Dec 2003 | Lady Doak College |
| Teaching Women’s Studies | Regional workshop | 5 & 6 Dec 2002 | Lady Doak College |
| Train the Trainer’s Workshop  | Regional workshop | 11 April 2002 | Resource & Lady Doak College |
| Continuous rehabilitation education | Regional Seminar | 3-4 Dec 2001 | Rehabilitation Council of India |
| ***Theme***  | ***Nature*** | ***Dates*** | ***Institution*** |
| Special Olympics | Regional workshop | 23 March 2001 | UADP, World Vision |
| Developing Community referenced curriculum | Regional workshop  | 23-25 Nov 2000 | National Institute of Mentally Handicapped |
| HIV/AIDS counselling Workshop | Regional workshop | 5 & 6 Sep 2000 | MISS |

***OTHER RECOGNITIONS***

Mentor- NPTEL, mentoring 8 students for the NPTEL course Managing change in organizations during the semester Jan-Apr 2020.

***COURSES TAUGHT***

* Psychiatric Social Work
* Counselling
* Mental Health & Social Work
* Case Work
* Group Work
* Social Work Profession
* Sociology & Psychology For Social Workers
* Health Care
* Social Work Research & statistics
* Disability Management
* Organisational Behavior
* Social & Abnormal Psychology

***KEY COMPETENCE AREAS***

* Counselling & Mentoring
* Communication & Team Building
* Liaisoning & Leadership
* Report writing
* Training & Capacity Building
* Documentation - ISO file maintenance & e-filing
* Research & Data analysis through SPSS
* Psychological assessments
* Curriculum designing

***LANGUAGES KNOWN***

* English
* Tamil
* Hindi