**Internet of Technology-based Smart Helmet for Mining Worker Safety and Health Monitoring**

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**Abstract**

The internet of things (IOT) has recently attracted a lot of attention from both academic and commercial research. When IT was connected with industrial automation and regulator systems, the phrase “industrial or commercial IOT" was emerged. To gather, monitor, and analyse data from industrial activities, devices of ecosystem, sensors, apps, and related networking hardware is used by industrial IoT. Analysis of this data improves visibility and maintenance and troubleshooting abilities. Additionally, it can improve productivity, lower expenses, and enhance security. This chapter primary goals are the detection, notification, and providing the safety solution for workers at mining industry. Smart IoT helmets provide high end safety to mining workers with Smoke sensors for identifying harmful gases, Temperature Sensors, Cameras and alarm. This chapter review also contributes insights into the industrial internet of things (IIOT), its evolution, its conversion to IIOT, its architecture, various case studies, and its use in business.

Keywords: Internet of Things, Eco system, Smoke Sensors, Temperature sensor, Safety Helmet, Mining.

**Introduction**

The Internet of Things (IoT) is predicted to lead to the creation of billions of cheap, lightweight, low-power gadgets that will offer real-time information about every system, asset, and process that’s crucial to a specific organization. It was anticipated that the quantity of IoT devices will be more than the laptops and smartphones, and by 2025, there will be over 21 billion of them. Future IoT gadget generations are being created to support cutting-edge innovations like augmented & virtual reality, and machine learning, and cloud computing. With improvements in 4G, artificial intelligence, and advanced analytics, the industry is anticipated to expand and develop during the next five to ten years.

The prime issue in mining is safety. There isn't a good way to fix the issue. The safety of the public is not guaranteed during mining. The majority of the time, the issue is brought on by stressful jobs or poor health. Some accidents include persons falling from heights and going unreported, which results in death from a lack of medical care. Mining is top the list with 25.80 percent of all work place fatalities, according to a global study that found that about 50000 people die each year as a result of working accidents. But the majority of fatalities could have been avoided. In order ensure the health and safety of workers at mining, smart wearables like helmet can be provided for mining workers by employing a variety of sensors.

Furthermore, the workers' vital signs like their temperature and heart rate are tracked and abnormal health problems are notified about. This IoT Based Smart Helmet's primary intension is to make mining sites safer and more secure for workers, which will decrease the frequency of fatal accidents there. The prototype performs with high accuracy under various situations. The sensors are then used to detect and characterise the detected gas level. A smart helmet model for the mining industry has been presented to identify that occurs with dangerous events whenever the sensed gas surpasses the specified level, notifying the miners and preventing an oncoming accident. The suggested IoT based smart helmet uses sensors to measure gas and humidity. Both the cutoff level of carbon monoxide and a humidity sensor that measures environmental humidity are used to determine the intensity of poisonous gas in the particular mining environment.

By embedding Internet of Things and Artificial intelligence, a mining helmet has to be restructured to enhance miner safety. The Arduino Software (IDE) is flexible enough to be used by both novice and advanced users. It's built on the Processing programming environment, which is helpful for teachers because it means that students learning to programme in that environment will be familiar with how the Arduino IDE operates. Programming environment that is easy to understand and use. Serious accidents frequently occur in underground mines. The creation of secure mining technologies is essential. Smart mining can be used to solve this issue. The autonomous electric locomotive is one of the most crucial elements in smart mining [1].

**Literature Survey**

According to a recent study by researchers at the Harvard School of Public Health, workers at construction sector are regularly stressed about work-related injuries and pain and not getting proper assistance, putting themselves at risk for additional injuries and psychological issues like depression, nervousness [2].

Use of protective equipment is required when a worker's safety is at danger. However, it is not always able to identify dangerous conditions in time, which results in accidents. Such occurrences raise concerns about a worker's health and safety, and they erode their trust in the employer [3].

Yedulla et al. study on job injuries in important sectors as manufacturing, agriculture, construction, and health care was conducted in 2020 [4].

Dhanalakshmi (2017) presented smart and safety system that can alert the control room when a collision occurs or a child removes their helmet. It can also provide environmental information like temperature and pressure [5].

A thorough analysis of IoT-based smart home systems has been provided by Hazarika Pranjal et al. This evaluation contains all the details on how an IoT-based smart home appliance's design, connection, and software should work together [6].

D Kock et al. [7] offered an automated technique while taking into account worker efficiency, health, and safety. For the purpose of detecting coal interfaces, they used two well used methods: vibration analysis and gamma radiation approach. They employed infrared, optical fibre communication channels, and carrier radio to send data in coal mines.

Jayasree et al. [8] suggests a flexible, intelligent helmet for construction workers as a security and rescue measure in the event of an emergency.

Alim et al. [9] proposed that GPS & GSM Technology is used for tracking the location of the bike rider and sending text message to the family members of the Bike rider when an accident occurs. Their suggested Smart Helmet is used for Accident Detection and Bike Rider's Safety.

Nasution et al. [10] perform study on LM35 and Time is chosen as the dependent variable (Causal Factor Variable) from the measurement data, and the percentage of error is chosen as the independent variable (Predictors), to calculate the constant and regression coefficient.

Lakshmi et al. [11] discussed about a time being IoT is being used to make energy consumption more efficient, making a smart environment in the mining sites, optimizing risk management and mitigation plans.

**Methodology**

To help miners working in the mining industry, a conventional smart helmet type has been developed. The mining industry frequently has unsafe occurrences, many of which end in fatalities or serious injuries. Usage of ordinary helmet just to avoid general mishaps like water falling, these helmets do not ensure the safety of the mining worker. So, to overcome these problems and for providing safety and protection mining worker need to wear the smart helmet. One of the pieces of safety equipment that mine employees use the most frequently is a miner's helmet, so it needs to be equipped with more modern features. The smart helmet would be able to recognise potentially fatal conditions, such as the presence of dangerous gases like Carbon Monoxide, CH4, LPG, and natural gases, with the help of various sensors.

Any sensor that reaches the critical condition, activates the buzzer and illuminates the LEDs to alert the miners and supervisors. The GPS unit installed in the miners' helmets enables the mining officials to easily track their locations. Additionally, a alarm button has been installed, which, when touched, sends an emergency signal through mail to higher authorities outside the mines. To view all of the information transmitted wirelessly from the sensors, a smartphone application has also been developed. Subsequently, this smart helmet provides safety and security for mining workers from potential mishaps.

Making changes to the helmet's physical design without affecting its functionality presented another issue. When safety comes into the point, it became vital that minimum weight of the smart helmet will be increased.

Data from the helmet is gathered and transmitted through IoT, where it is displayed on a PC or mobile where it gets connected. The IOT module will enable us to receive mine updates while and when required.

a. Hardware Description

b Arduino

Arduino

Arduino is an open-source electronics platform with basic hardware and software. Using an Arduino board to capture inputs such as light on a sensor, a finger on a button, or a tweet, you may start a motor, switch on an LED, and publish something online. Your board will be given instructions on what to do by sending a set of commands to its microcontroller.

MQ-2 Gas Sensor

LPG, Propane, and Hydrogen can all be found in the presence of the MQ2 gas sensor. Methane and other combustible steam can also be detected by it. The sensor picks up smoke and dangerous gases. A 5-volt battery powers the smoke sensor. A smoke sensor's voltage output shows the presence of smoke. Production increases as the amount of smoke increases. A potentiometer can be used to change the sensitivity. When the air is clean, a sensor with a low conductivity called Sn02 is employed. However, when there is smoke, the sensor generates an analogue resistive output based on how much smoke is there. The circuit has a heater in it. The heater receives power from the power source through VCC and GND. Unsteady resistor



Fig 1. Gas Sensor

DHT11- Humidity Sensor

On a back of sensor is an IC, together with an NTC temperature sensor (or thermistor) and a humidity sensor. This sensor available at affordable price and they provide great results. One reading per second, or 1Hz, is the sampling rate of the DHT11. The operating voltage of the sensor is between 3 and 5 volts, and the highest calculated current is 2.5 mA.

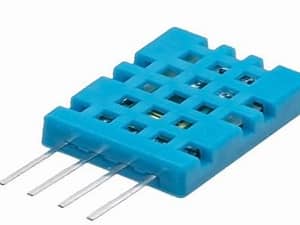


Fig 2. Humidity Sensor

Light Dependent Resistor (LDR)

It can also often referred to as photoresistor, photocell, or photoconductor. The amount of light that strikes its surface affects the resistance of this particular type of resistor. Light shining on the resistor causes it to alter in resistance. This resistor's power source is photo conductivity. For an instance, a light can be controlled or switched ON or OFF using the LDR depending on whether it is in the light or the dark, respectively. A typical light dependent resistor exhibits a resistance of 1 M Ohm in darkness and a resistance of a few K Ohms in brightness.

Infrared Proximity Sensor

The IR sensor serves as a sensor for removing the helmet. The IR sensor is made up of an infrared LED transmitter and a receiver. An infrared transmitter is a light-emitting diode that radiates infrared energy. They are known as Infra Red LEDs as a result. Although an IR LED seems like a normal LED, the radiation it emits cannot be seen with the human eye. Infrared sensors are another name for infrared receivers since they detect the radiation from an IR transmitter. Two different kinds of infrared receivers are photodiodes and phototransistors. Because they can only detect infrared radiation, infrared photodiodes are distinct from ordinary photodiodes.

By supplying a voltage to the onboard infrared light emitting diode, an IR proximity sensor produces infrared light. This light travels through the atmosphere, strikes an object, and then is reflected into the photodiode sensor. If the object is near, the reflected light will be stronger; if the object is far, the reflected light will be dimmer. When a sensor is activated, it provides a matching Low signal through the output pin, which an Arduino or other micro controllers are capable of sensing to perform a particular operation.

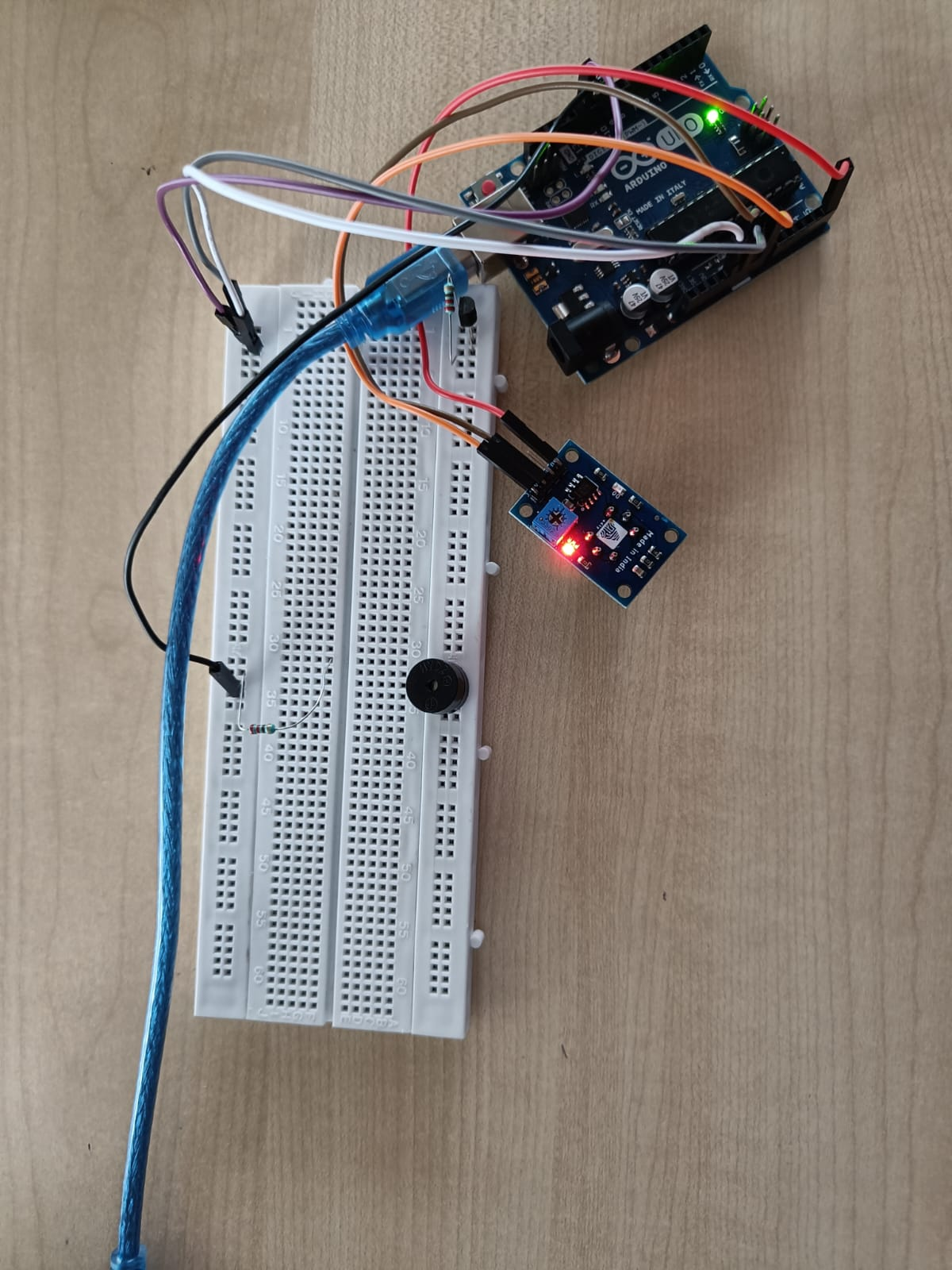


Fig 3. Infrared Sensors

**Liquid Crystal Display (LCD)**

On each of the two sides of a 16x2 LCD, 16 characters can be displayed per line. On this LCD, a 5x7 pixel matrix represents each character. On this LCD, there are two registers: Command and Data. The command register contains the LCD command instructions. A command instructs the LCD to carry out a particular action, such as initialising it, cleaning its screen, determining the location of a pointer, managing the output, etc. The data register contains information that will be shown on the LCD. The information is the ASCII value of the character that will show on the LCD.



Fig 4. Liquid Crystal Display (LCD)

**Buzzer**

Buzzer are also referred to as Piezoelectric buzzer. The Piezo buzzer is a sound generator that serves as an auditory indication in electronic circuits. It is frequently employed as an alarm generator in electronic gadgets. Inside a Piezo buzzer are an oscillator and a Piezo disc. A frequency of 2-4 kHz is produced by the oscillator, and the piezoelectric component vibrates in response to this. 3–12 volts DC are required for the Piezo buzzer to operate.



Fig 5. Buzzer

**Temperature Sensor**

Digital temperature sensors are developed by Maxim Integrated (formerly Dallas Semiconductor), and its model number is DS18B20. One of the most widely used temperature sensors available, it offers reasonable precision (0.5 °C) throughout a broad range of temperatures (-55 °C to + 125 °C). The sensor may be used with both the Arduino (which runs at 5 V) and electronics like the ESP32 and Raspberry Pi, which have 3.3 V GPIO pins, because its operational voltage ranges from 3.0 to 5.5 V.



Fig 6. Temperature Sensor

**Internet of Things (IoT)**

Implementation of IOT (Internet of Things) is a technology that has been considered to be stimulating technology. It makes it possible for each and every individual to communicate virtually from everywhere at all times utilising any connection or provider. It offers a platform for the seamless integration of sensors and devices into a smart environment in order to deliver cutting-edge and intelligent human services. Sensors and gadgets sense various kinds of data are the core technologies of IoT. This data may then be processed and evaluated to derive beneficial information and enable intelligent services. Sensors will identify fluctuations in environmental factors like pressure, temperature, humidity, light, and light intensity. ng on or off a motor, opening or closing a valve, and other actions. IoT is centred on these components because they enable machine and device interaction with the real world. When sensors and actuators work together to solve problems devoid of human interaction, automation is conceivable.

 Smart helmet embedded with the internet of things (IoT) will assure the safety of the mining worker by preventing mishaps at the mining site. Helmet is the most basic protection device and it is necessary for every worker has to wear it when he enters into mining environment.

This block design of a prototype incorporates such a sensor that require in a mining environment and is coupled to a micro controller to identify environmental variables, as shown in Fig. 1. The LM35 light bulb was attached to the Arduino Uno microcontroller. A block diagram of the protection monitoring system for mines in Fig. 7 & 8. an Infra-Red flame sensor, a Mq2 gas detect sensor, a DHT11 humidity sensor, & a temperature sensor. We've programmed the Arduino board so that any deviation in the previously-indicated parameters will cause an alert, and the buzzer sound will be turned on. This allows us to continuously monitor the temperature, humidity, gaseous present in the mining environment, and air density.

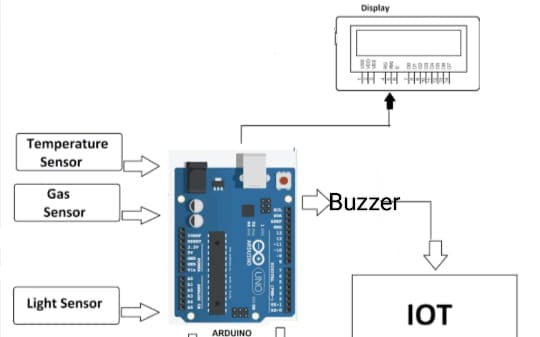


Fig 7. Block Diagram of Unified Sensors

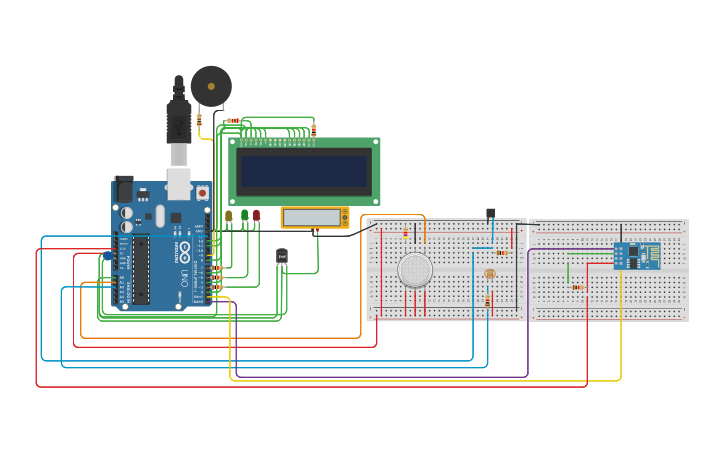


Fig 8. Block Circuit diagram for connections

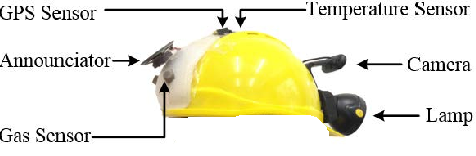
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Fig 9. Smart Helmet

**Conclusion**

Internet Technology based Helmet is a smart device that will make mining worker safer at his working environment. For the protection mining worker safety, smart helmets are the only option given the state of environment, the significant rate of accidents, the frequency of mining, and the inadequate regulatory framework. It is necessary to wear a helmet while working at mining because, in the event of an accident, it can help in avoiding mining worker from serious injuries. Thus, this is the place where the IR sensor will work effectively. It will ensure that in order to start the work at environment, the worker must put on a smart helmet. Smart helmet may cost a little higher than a standard helmet, nevertheless the advantages greatly exceed the disadvantages.

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